

## Breast Cancer Information Guide

This guide provides links and references to reliable and current information sources on breast cancer in women and men for patients, families, and caregivers. Valuable information may also be found at your local public library. Always consult/share with your healthcare professional regarding any information identified.

### Online Resources

**American Cancer Society** – <https://www.cancer.org/cancer/types/breast-cancer.html>

“Whether you or a loved one are worried about developing breast cancer, have just been diagnosed, are going through breast cancer treatment, or are trying to stay well after treatment, this detailed information can help you find the answers you need.”

**BreastCancer** – <https://www.breastcancer.org>

“Our mission is to help people make sense of the complex medical and personal information about breast health and breast cancer so that they can make the best decisions for their lives.”

**Cancer.Net – Breast Cancer** – <https://www.cancer.net/cancer-types/breast-cancer>

American Society of Clinical Oncology (ASCO).

**Dr. Susan Love Foundation** – <https://drsusanloveresearch.org>

“Our mission is to perform and facilitate innovative and collaborative research while translating science to engage the public as informed partners.”

**MedlinePlus** – <https://medlineplus.gov/breastcancer.html>

Perhaps the single best source for patient/consumer health information. MedlinePlus provides high-quality, relevant health and wellness information that is trusted, easy to understand, and free of advertising in both English and Spanish. Anywhere, anytime, on any device—for free.

**Michigan Department of Health and Human Services (MDHHS)** –

<https://www.michigan.gov/mdhhs/keep-mi-healthy/chronicdiseases/cancer>

**National Cancer Institute** – <https://www.cancer.gov>

The Nation’s leader and principal agency for cancer research and training.

**National Comprehensive Cancer Network** – <https://www.nccn.org/patientresources/patient-resources>

**Living Beyond Breast Cancer** – <https://www.lbbc.org>

A national nonprofit organization that seeks to create a world that understands there is more than one way to have breast cancer.

**Susan G. Komen** – <https://www.komen.org>

“The ONLY organization that addresses breast cancer on multiple fronts such as research, community health, global outreach, and public policy initiatives to make the biggest impact against this disease.”



**HIS Breast Cancer Awareness** – <https://www.hisbreastcancer.org> Created to assist men and women (girlfriends, wives, sisters & brothers, mothers & fathers, and friends), healthcare professionals, and anyone who is interested in learning about the risk, treatment(s), emotional aspect and stigmatism of men dealing with breast cancer.

## **Libraries in the University of Michigan Health-Sparrow Region**

Libraries can be a great source of information. Most Michigan libraries participate in interlibrary lending. If a specific book is unavailable from your local library, always ask if a book can be borrowed from other libraries.

### **Carson City:**

- Carson City Public Library, 102 W. Main St., (989) 584-3680

### **Charlotte:**

- Charlotte Community Library, 226 S. Bostwick St., (517) 543-8859

### **East Lansing:**

- East Lansing Public Library, 950 Abbot Road, (517) 351-2420

### **Holt:**

- Holt-Delhi Branch, 2078 Aurelius Road, (517) 694-9351

### **Ionia:**

- Ionia Community Library, 126 E. Main St., (616) 527-3680

### **Lansing:**

- Capital Area District Library, 401 S. Capitol Ave., (517) 367-6300
- Delta Township District Library, 5130 Davenport Dr., (517) 321-4014
- Foster Branch, 200 N. Foster Ave., (517) 485-5185
- South Lansing Branch, 3500 S. Cedar St., Ste. 108, (517) 272-9840

### **Mason:**

- Aurelius Branch, 1939 S. Aurelius Road, (517) 628-3743
- Mason Branch, 145 W. Ash St., (517) 676-9088

### **St. Johns:**

- Briggs Public Library, 108 E. Railroad St., (989) 224-4702

**Disclaimer:** This document contains information and instructional materials identified by UM Health-Sparrow for the typical patient with your condition. It may include links to online content not created by UM Health-Sparrow and for which UM Health-Sparrow does not assume responsibility. It does not replace medical advice from your healthcare provider because your experience may differ from that of the typical patient. Talk to your healthcare provider if you have any questions about this document, your condition, or your treatment plan.

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